

A new approach



This year we are trying something new in place of our traditional annual scientific meeting. It is an extended meeting with a focus on practitioners' health and wellbeing. Our speakers are all superb, proven performers from whom we can learn. It is also unusual in the context of our normally scientific meetings to have a special and external guest speaker, but I have no doubt that all of us will learn something from Jim McGuinness. His commitment to high performance has resulted in success on and off the pitch and led to his current employment by Glasgow Celtic Football Club as a performance coach. Please book early for this special event. We have structured it so that you only need to take a half day away from your practice. And please also take time to visit all of our sponsors at the event. I look forward to meeting you there.

Michael Lavin

Dr Michael Lavin,

President of the Metropolitan Branch, IDA.

THANKS TO OUR SPONSORS:

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Eat Drink CHEW Extra

Programme	
2.00pm	Coffee and visiting trade stands
2.30pm	Communication and consent – Dr Garry Heavey <i>One DPL risk credit</i>
3.15pm	Preventing back pain – Eamonn O Muircheartaigh
4.00pm	Coffee and visiting trade stands
4.15pm	Protecting the working relationship: Better contracts, better performance – Tony Kerins
5.00pm	Dinner
6.00pm	Practice wellness – Dr Brid Hendron
7.00pm	Guest speaker – Jim McGuinness
8.00pm	Drinks reception

Further information available from:

Irish Dental Association

IDA House, Unit 2 Leopardstown Office Park,
Sandyford,
Dublin 18.

Tel: (01) 295 0072

www.dentist.ie



ALEXANDER HOTEL, DUBLIN 2
Friday February 26, 2016

EXTENDED MEETING PRACTITIONER HEALTH AND WELLBEING

WITH GUEST SPEAKER
JIM MCGUINNESS



Application Form

Please return completed form with appropriate payment by Friday 12th February, 2016

Speakers



Dr Garry Heavey, *General Dental Practitioner*

Garry is a general practitioner who qualified from TCD in 1980. He has served both as Honorary Secretary and as President of the IDA. He was a member of the Irish Dental Council, where he chaired the Fitness to Practice Committee, and was subsequently elected President. He is currently a member of the Board of Dental Protection. Garry has lectured nationally and internationally on practice management and clinical dentistry.



Eamon O Muirheartaigh, *Chartered Physiotherapist*

Eamon is a chartered physiotherapist who graduated in 1993. He opened the Leinster Clinic in Kildare in 1996 and has been team physiotherapist to many sporting teams, including the Laois and Kildare senior football teams. He also served with the European Tour as a physiotherapist to professional golfers at several events, including the European Open, West of Ireland Open, and Northwest of Ireland Open.



Tony Kerins, *Employment Law and Health and Safety Specialist*

Over the last 25 years, Tony has been instrumental in the introduction of new recruitment techniques. He has experience of training personnel within Government departments, as a HRM specialist, and as a health and safety lecturer. He delivers seminars which are comprehensive, unambiguous and concise in his own style of delivery. He gives training and advice to representative organisations such as the Restaurant Association, Security Institute and the Hardware Association.



Dr Brid Hendron, *Dentist and Communication Coach*

Brid qualified from Trinity in 1992, holds a trainer qualification in neuro-linguistic programming (NLP) and is also qualified in hypnosis. In clinical practice she has a special interest in relaxing nervous, anxious and phobic patients. Brid provides training for healthcare professionals of all disciplines in advanced communication skills. Brid also holds advisory roles with both the Health and Social Care Board Northern Ireland and the Northern Ireland Medical and Dental training agency.

Guest speaker



Jim McGuinness,
Performance Consultant

Born in Glenties, County Donegal, McGuinness was only a teenager when part of a Donegal squad that claimed the county's first All-Ireland Senior Football Championship in 1992. He represented his country in the International Compromise Rules Series against Australia in 1998, which Ireland won.

McGuinness was also a star of third-level football, winning Sigerson Cups with Tralee IT in 1998 and 1999 as captain, and again as captain in 2001 with the University of Ulster at Jordanstown (UUJ). He was player coach when his club captured their first ever Donegal Senior Club Championship title in 2005.

In 2010 Jim was manager of the Donegal under-21 football team that won the Ulster Championship for the first time in 15 years and reached the All-Ireland Final. In July of that year he was appointed the county's senior football team manager. During his four years in charge, Donegal won three Ulster Championships and reached two All Ireland finals, and famously won the All Ireland in 2012.

McGuinness' achievements have earned the admiration of, among others, the golfer and Ryder Cup captain Paul McGinley and the Glasgow Celtic football manager Neil Lennon. In November 2012, Glasgow Celtic Football Club confirmed the appointment of McGuinness as a performance consultant. Having been invited to assist at Celtic, McGuinness is the first Gaelic football inter-county manager to have been offered a role at a professional sports team abroad. He is also a Gaelic football analyst for Sky Sports and *The Irish Times*.

Jim holds a Master of Science degree in sport psychology from Liverpool John Moores University. He gained his undergraduate degree in sport, exercise and leisure from the University of Ulster, Jordanstown. He has lectured in sports coaching and sport psychology at Limavady College, Co. Derry.

Dental Council Number

Name:

Address:

Telephone:

Email:

This year, there is a single fee of €120 to cover the event, the dinner and the drinks reception.

Early bird registration for €95 is available until January 8.

Please indicate method of payment:

 Cheque

Expiry date

 /

CVV number

Total cost

€

Signature

Cheques payable to: Metropolitan Branch, Irish Dental Association

Please complete and return to:
IDA House, Unit 2 Leopardstown Office Park, Sandyford, Dublin 18

Refunds – a minimum of 48 hours' notice required.