

An effective bleaching technique for non-vital, discoloured teeth in children and adolescents

Discolouration of a permanent incisor may have a significant social impact on children and adolescents. Intervention should be minimally destructive of tooth tissue and should not compromise future restorative options. This paper reviews the technique of inside/outside bleaching, and proposes it as an efficient, effective and acceptable method for use in the compliant younger patient with an unaesthetic non-vital tooth.

Key words

Bleach, non-vital, discoloured, endodontics, children, adolescents.

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Pericoronitis: treatment and a clinical dilemma

Pericoronitis is an infection associated with impacted lower third molars that can necessitate the removal of these teeth. The clinical features of this condition are described and its treatment outlined, emphasising local measures. A case of pericoronitis in a 52-year-old patient is discussed, which illustrates the risks and benefits of removal of wisdom teeth; removal can lead to nerve damage, retention can precipitate serious, even life-threatening infection.

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