

## Current concepts in posterior composites



### H HANDS-ON COURSE

Direct posterior composites have become commonplace in general dental practice. However, clinical experience and studies have shown that compared to dental amalgam they can create problems such as sensitivity, secondary caries, and food packing due to poor contact areas. Ian believes in the philosophy of better, safer and faster when it comes to composite placement. In his presentation and hands-on session, Ian will present practical solutions to everyday problems and show how applying the theory can lead to clinical success.



### Aims and objectives

- To discuss the latest concepts in posterior composites
- To appreciate strategies for dealing with the main problems that dentists have with posterior composites, including the use of rubber dam, sectional matrices and bulk-fill techniques
- ‘C-factor’: why is it important and steps to minimise its influence
- How to assess the occlusal scheme and build the restoration to minimise adjustments
- To be able to select appropriate instrumentation for placement and manipulation of composite
- To simplify finishing and polishing of posterior composites
- To look at the management of posterior root filled teeth and how SDR and ceramic onlays may be the best solution
- Hands-on, Class I restoration, and Class II restoration with use of the sectional matrix system

### Dr Ian Cline

Ian qualified at King’s College London in 1993. He is a partner in a private aesthetic and general practice in the West End of London. He has presented numerous courses to dentists both nationally and internationally (including recent trips to Russia and Poland). His main interests are minimally invasive aesthetic restorative dentistry, and anterior and posterior



direct composite. He is a past President of the London Dental Study Club, and is a guest lecturer to the King’s College London MSc programmes in fixed and removable prosthodontics. He is an opinion leader and adviser to a number of dental companies, and is the author of the Dentsply “how-to guide” on simplifying posterior composite restorations. He is also Course Director of a 10-day programme in aesthetic restorative dentistry.

### HALF-DAY COURSE

Friday, September 15 – 2.00pm–6.00pm  
Saturday, September 16 – 10.00am–2.00pm

### PRICE

€250 IDA member  
€500 Non-member

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