

# SNORING AND SLEEP DISORDERED BREATHING COURSE



## SNORING AND THE ROLE OF THE GDP

Maryborough House Hotel, Cork – Friday May 15, 2015, 9.30am – 5.30pm

Course lecturers: Dr Roy Dookun BDS, MFGDP(UK), MGDSRCS(ENG), FFGDP(UK), DIP DENT SED



Roy is a GDP with a special interest in the Dental management of snoring and obstructive sleep apnoea. He is the president and co founder of the British Society of Dental Sleep Medicine (BSDSM), a board member of the European Academy of Sleep Medicine (EADSM) and is co author of the BSDSM Snoring Pre treatment

Screening Protocol. Roy works as part of a multi disciplinary team treating both apnoeic patients and simple snorers with dental appliances. He has attained 'expert' level EADSM accreditation and is the author of the Standards of Care Document for Mandibular Repositioning Devices (MRDs) which has been adopted by the Association for Respiratory Technology and Physiology. Roy is a member of the Multidisciplinary Advisory Council and Core Teaching Faculty of the Australasian Academy of Dental Sleep Medicine. Roy works in Guernsey and Wimpole Street, London.

### Course Aims & Objectives

The course is designed to give:

- An overview of sleep disordered breathing with special reference to the association of Obstructive Sleep Apnoea and snoring
- An explanation of how oral appliances work
- How to safely assess and monitor patients
- An overview of custom and non custom devices
- Dental Protection Ltd and DDU approved pre treatment screening and how to select out those patients safe to treat in practice
- An overview of the medico legal issues involved
- Surgery and laboratory requirements and procedures
- Practical advice on introducing a dental sleep medicine service into your practice
- Appliance evaluation
- Hands On' experience practicing protrusive registration, fitting a selection of custom MRDs together with an appliance evaluation group discussion

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Telephone: \_\_\_\_\_

Cost €450 IDA members, €900 for Non IDA Members

### PAYMENT

    Cheque (enclosed)

CVV number    Expiry date   /

Amount to be debited: \_\_\_\_\_

Signature \_\_\_\_\_

Please return completed form to: Irish Dental Association,  
Unit 2, Leopardstown Office Park, Sandyford, Dublin 18.

Friday May 15, 2015  
Maryborough House Hotel, Cork