

**Evidence-based dentistry** 

Rochestown Park Hotel, Cork, April 16-18, 2015

### PRESIDENT'S WELCOME

2015 sees the return of the Annual Conference to the City of Cork.

On behalf of the Irish Dental Association it gives me great pleasure to welcome you all to Cork in April 2015. Our conference takes place from Thursday April 16 to Saturday April 18 next at the Rochestown Park Hotel and promises to be both a highly educational and entertaining event.

I'm very grateful to the members of the conference committee who have worked hard to produce an outstanding programme of world-class speakers from home and abroad. I am particularly pleased to welcome such well-known speakers as Professor Terry Donovan, restorative expert from the University of North Carolina, Dr Linda Greenwall, aesthetic and tooth whitening expert from London, composite expert Dr David Clarke from the US, and I am delighted to welcome back Dr Tim Donley, a periodontist from Kentucky who visited us in 2012 in Kerry, and Professor Ken Kurtz, prosthodontist from New York who was with us in 2009 in Kilkenny. I am delighted to have on the programme Dr Ben Goldacre, medical doctor and author of books such as *Bad Science*, who controversially looks at the misuse of science to back up medical theories. The best of local talent from both academic and practitioner disciplines will also make very practical presentations, from which everyone should have some take-home gems.

We will continue with the revised format of 2014 with two parallel sessions on both Friday and Saturday. Friday will continue to offer a programme relevant to all members of the dental team but there will also be an alternative programme for those interested in more clinical subjects.

As every year, the dental trade show will showcase new and advanced products, equipment and technology from the dental industry. All members of the dental team will have the opportunity to discuss new products and the various advancements in products and services with our trade colleagues.

No conference is complete without a varied and exciting social programme, and this year will include the trade show party on Thursday night, our annual fun run, golf and our flagship social event – our Annual Dinner on Friday evening.

A busy, vibrant and lively city, Cork offers visitors the very best in hospitality to create a great location for 'Evidentaly' in 2015. Put the dates in your diary now.

See you in Cork!



**Anne Twomey** 









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#### PRE-CONFERENCE PROGRAMME

#### **THURSDAY** APRIL 16

Professor Ken Kurtz



## REVIEWING CONTEMPORARY PROSTHODONTIC PRACTICE: REMOVABLE PARTIAL OVERDENTURES – AN UNDERUTILISED MODALITY?

Two half-day hands-on courses. 9.30am –1.00pm or 2.00pm – 5.30pm

One or two implants attached to a removable partial denture can create a stable and claspless aesthetic replacement for multiple missing teeth. Strategic placement of these implants with an understanding of additional future implants to allow for a definitive fixed prosthesis will be discussed. The importance of removable partial denture design will also be reviewed in detail. Participants in this hands-on course will attach locators to a complete denture base.



## CROWN LENGTHENING – TECHNIQUES FOR IMPROVING SUCCESS IN RESTORATIVE AND COSMETIC DENTISTRY

Drs PJ Byrne & Declan Corcoran

Half-day hands-on course. Afternoon only: 2.00pm - 5.30pm



This practical half-day, hands-on course will review the indications and applications of clinical crown lengthening as an integral part of comprehensive diagnosis and treatment planning for your patients. The current surgical and non-surgical techniques will be reviewed with regard to obtaining the optimum functional and aesthetic results in your patients. Through a series of clinically based presentations, followed by practical hands-on teaching sessions on periodontal manikin head models, the presenters will guide participants through the techniques, help you to identify the easy from the difficult cases, illustrate the practical applications and limitations, guide you on what to avoid and encourage you on what to 'take on' in terms of clinical crown lengthening.

You will have the benefit of the clinical input of two experienced clinicians delivering this practical course, which will increase your exposure to the maximum variety of techniques.



## PERIODONTICS HANDS ON WORKSHOP FOR DENTISTS: TRANSLATING TECHNOLOGY INTO PRACTICE

Half-day course. 9.30am – 1.00pm



**Dr Tim Donley** 

It no longer needs to be confusing. Should you use hand instruments or ultrasonics? Will local antibiotic therapy be helpful? Would this patient benefit from host modulation therapy? In a busy office, these decisions have to made chairside many times a day. Evidence clearly suggests that there is a preferred way for clinical dentists and hygienists to manage periodontal disease. As the economic screws continue to tighten the more successful practitioners will be the ones that can consistently deliver the highest level of care in the most efficient manner.

Learning how to formulate a clear approach as to what to use and how to use it is the focus of this very special half-day workshop. Attendees will leave will a clear vision of what to look for, what to say and what to do every time they sit down and pick up a probe. After learning the rationale behind maximally efficient diagnosis and therapy, attendees will have the opportunity to put these concepts to use in live patient demonstrations.

#### Attendees will learn:

- 1. A concise method for determining which sites to treat in which patients.
- 2. The strengths and weaknesses of the available methods of debridement.
- 3. How to use ultrasonic instrumentation properly.
- 4. How to become more comfortable with instrument selection and technique application critical skills that will improve clinical efficiency and allow you to deliver more successful treatment outcomes in your day-to-day practice.
- 5. To identify various modifying factors which influence and/or change instrumentation protocols such as root anatomy, furcations and oral conditions:
  - list criteria for the appropriate selection of ultrasonic inserts to address specific patient needs; and,
  - demonstrate the correct technique for utilisation of the ultrasonic scaler to include insert and power selection, lavage flow, grasp, fulcrum, tip adaptation, and stroke.
- 6. A site-specific philosophy of debridement that can make the debridement visit more effective and more productive.
- 7. A treatment protocol that makes deciding what to use and when to use it easy:
  - a. using risk assessment to determine level of treatment aggressiveness;
  - b. when to use local antibiotic therapy; and,
  - c. when to use host modulation therapy.
- 8. What to say to help your patients and help your practice.

### PRE-CONFERENCE PROGRAMME

**THURSDAY** APRIL 16



## HANDS-ON TRAINING TO HELP HYGIENISTS CAN MAXIMIZE THE POWER OF ULTRASONIC DEBRIDEMENT

DENSPLY

**Dr Tim Donley** 

Half-day course. 2.00pm - 5.30pm

It no longer needs to be confusing. If you want to maximise the chance for resolution of periodontal disease it is time to put down the curet and pick up the ultrasonic. Come and learn which device and which inserts you should use. You will learn which sites and which patients you should treat, and leave with a new level of confidence in using the ultrasonic for debridement.

#### Attendees will learn:

- 1. A concise method for determining which sites to treat in which patients.
- 2. The strengths and weaknesses of the available methods of debridement.
- 3. How to use ultrasonic instrumentation properly.
- 4. How to become more comfortable with instrument selection and technique application critical skills that will improve clinical efficiency and allow you to deliver more successful treatment outcomes in your day-to-day practice.
- 5. To identify various modifying factors which influence and/or change instrumentation protocols such as root anatomy, furcations and oral conditions:
  - list criteria for the appropriate selection of ultrasonic inserts to address specific patient needs; and,
  - demonstrate the correct technique for utilisation of the ultrasonic scaler to include insert and power selection, lavage flow, grasp, fulcrum, tip adaptation, and stroke.
- 6. A site-specific philosophy of debridement that can make the debridement visit more effective and more productive.
- 7. A treatment protocol that makes deciding what to use and when to use it easy.
- 8. What to say to help your patients and help your practice.



#### **BETTER, FASTER, PRETTIER ANTERIOR COMPOSITES**

Dr David Clarke

Full-day hands-on course. 9.30am – 5.30pm



#### Morning

Direct composites are underappreciated in today's world of implants and computer-assisted ceramics. Yet composite can be the least invasive, most natural and wonderfully aesthetic of all restorations. Join Dr Clark to experience a unique approach to modern resin dentistry. Participants will perform injection moulding to create ideal margins, rounded emergence profiles, and mirror smooth restorations in four exercises: deep anterior caries; peg lateral; black triangles; and, back to back midline diastema. Participants will learn to use heated composite in special step down tips.

#### Afternoor

Posterior tooth preparations have not been reinvented from the 1890 G V Black models. Those preps have no place today in composite dentistry. Participants will prepare and injection mould fill modern class I (Fissurotomy) and class II (Clark Class II non-retentive infinity edge). Clinical tips for modern instruments will be shared. Participants will learn and perform the five new steps to achieve rock solid posterior composite contacts. A bonus exercise of peg lateral treatment will be performed to teach the concept of injection moulding of composites.



PRACTICAL PEARLS FOR CLINICAL USE: A DAY WITH TERRY DONOVAN

**Professor Terry Donovan** 

Full-day lecture. 9.30am – 5.30pm

The contemporary restorative dentist has an increasing evidence base to consult when making both treatment planning and therapeutic decisions. However, there are numerous areas of controversy where the evidence does not provide a clear answer without interpretation. This presentation will discuss several controversial topics related to restorative dentistry and attempt to provide guidance based on the best available evidence.

Topics to be discussed include:

- 1. An evaluation of current ceramic materials.
- 2. Diagnosis and management of dental erosion.
- 3. Current controversies in restorative dentistry, including: amalgam vs. composite resin; tooth reinforcement with adhesive materials; aetiology and management of non-carious cervical lesions; bonding of zirconia restorations; direct pulp capping: MTA vs. calcium hydroxide; metal vs. flexible endodontic dowels; implants vs. endodontics; cemented vs. screw-retained implant-supported restorations; cordless gingival displacement; and, occlusal vertical dimension.

**IDU ANNUAL GENERAL MEETING FOLLOWED BY IDA ANNUAL GENERAL MEETING** 6.00pm

**ESTUARY SUITE** 

DENTAL	TEAM DAY		FRIDAY APRIL 17			
TEAM PROGRAMME		ALTERNATIVE PROGRAMME				
9.00 – 10.00	How to use the oral systemic link to help your patients and your practice Tim Donley	9.00 – 10.00	Dementia – caring for our patients with dementia Alison Dougall			
10.00 – 11.00	Whiter, whiter, whitest: success strategies for predictable tooth whitening	10.00 – 10.30	<b>Dermatology for dentists</b> Michelle Murphy			
	Linda Greenwall	10.30 – 11.00	50 shades of grey – getting a diagnosis from your radiograph			
11.00 – 11.30	TEA/COFFEE		Andrew Bolas			
11.30 – 12.30	<b>Diagnosis and management of dental erosion</b> Terry Donovan	11.00 – 11.30	TEA/COFFEE			
12.30 – 1.00	Top ten endodontic tips for general practitioners Pat O'Driscoll	11.30 – 12.30	Stuff happens and we ignore the evidence John Tiernan			
1.00 – 2:00	LUNCH	12.30 – 1.00	Fluoride and public dental health 70 years on. Is it still relevant? Helen Whelton			
2.00 - 3.00	Contemporary aesthetic anterior					
	<b>composite dentistry</b> David Clarke	1.00 – 2.00	LUNCH			
		2.00 – 3.00	Treating phobic dental patients: evidence and experience Jennifer Pinder			
3.00 – 3.30	Biting the bullet – caring for patients with cancer Eleanor O'Sullivan	3.00 – 3.30	<b>Head and facial trauma in sport</b> Eanna Falvey			
3.30 – 4.00	TEA/COFFEE	3.30 – 4.00	TEA/COFFEE			

Both programmes will merge for the last two presentations – two fascinating topics, not to be missed by any team member.

4.00 – 4.45 Psychological approaches to dental anxiety: a proportionate approach

Tim Newton

4.45 – 5.30 **Bad science** 

Ben Goldacre

### DENTISTS' DAY

### SATURDAY APRIL 18

PROGRAMME 1		PROGRAMME 2				
10.00 – 11.00	The painless management of the oral surgical patient Tara Renton	10.00 – 11.00	Dental caries for young children – what are the challenges, what are the answers? Stephen Fayle			
11.00 – 11.30	TEA/COFFEE	11.00 – 11.30	TEA/COFFEE			
11.30 – 12.15	Maryland bridges – a useful ally in practice Edward Cotter	11.30 – 12.15	Surgical extractions – practical tips to improve your clinical outcomes and avoid problems Mairead Cashman			
12.15 – 1.00	Endodontics Speaker TBC	12.15 – 1.00	Predictable aesthetics and longevity with veneers Sean McCarthy			
1.00 – 2.00	LUNCH	1.00 – 2.00	LUNCH			
2.00 – 2.45	Post and core: update 2015 Ken Kurtz	2.00 – 2.45	Infection control – new guidelines Speaker to be confirmed			
2.45 – 3.30	The role of orthodontics in the comprehensive treatment of the adult patient Tom Houlihan	2.45 – 3.30	Recognising medical conditions in dental patients StJohn Crean			
3.30 – 4.00	TEA/COFFEE	3.30 – 4.00	TEA/COFFEE			
4.00 – 4.45	One team, one dream Mhari Coxon	4.00 – 4.45	Socket preservation following tooth extraction Bob Horrowitz			

### **DENTAL NURSES**

10.00 – 10.45	How to make yourself indispensable at work and have fun Mhari Coxon
10.45 – 11.15	TEA/COFFEE
11.15 – 12.00	Communication for the dental nurse John Tiernan
12.00 – 12.45	Oral radiology for the dental nurse Andrew Bolas
12.45 – 2.00	LUNCH
2.00 – 3.00	Jack of all trades – the role of the dental nurse Laura Horton and Michael Bentley
3.00 – 3.45	Safe hands prevent harm Jane Renehan
3.45 – 4.30	TBC

### DENTAL TECHNICIANS

9.00 – 9.45	TBC
9.45 – 10.15	Innovations in conservative anterior aesthetic treatment Ken Kurtz
10.15 – 10.45	TEA/COFFEE
10.45 – 11.30	Smile design – improve communication between dentist and technician Sean McCarthy
11.30 – 12.15	ТВС
12.15 – 1.00pm	ТВС

### **DENTAL HYGIENISTS**

10.00 – 10.45	Peri-implantitis: prevention, risk reduction and the role of the dental hygienist Bob Horrowitz
10.45 – 11.15	TEA/COFFEE
11.15 – 12.00	Caring for the smile makeover generation  Mhari Coxon
12.00 – 12.45	How to make yourself indispensable at work and have fun Mhari Coxon
12.45 – 2.00	LUNCH
2.00 – 2.45	Maximising the potential of ultrasonic debridement Tim Donley
2.45 – 3.30	TBC

### **WORKSHOPS**

### **CPR/Medical Emergency Workshop**



CPR is a mandatory requirement for continuing professional development (CPD). All registered delegates will have the opportunity to take part in a CPR course on Saturday April 18. All members of the dental team are welcome.

Booking on the day subject to availability.

#### **Dr Joe Moloney Award**



Winner of the Moloney Award for 2014 was Dr Paul Moore, Galway.

2015 will see a complete revamp of the Dr Joe Moloney Award at our conference.

The Moloney Award will be awarded to an outstanding Irish presenter/lecturer at our conference, chosen by the delegates. The Award, kindly sponsored by the Dental Health Foundation, will be chosen on the final day of the conference when all delegates will have the chance to nominate their presenter of choice from the conference.

#### **Tony Costello Memorial Medal**



Nana Ansong, dental student from Cork University Dental School & Hospital, receiving the Costello Medal from Dr Peter Gannon, IDA President, in 2014.

The competition for the Tony Costello Memorial Medal will be judged on a Table Demonstration or Poster Presentation of not more than 10 minutes on a subject applicable to general dental practice. Each of the three dental schools may enter a team of a maximum of two people. The presentation will be judged on:

- clinical usefulness;
- academic content;
- presentation; and,
- originality.

The Irish Dental Association will provide a grant of €400 per demonstration.



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# ANNUAL PRESIDENT'S DINNER 2015 Friday April 17



Guest of honor Donal Óg Cusack, former Cork hurler, GAA pundit, Chairman of GPA

7.30pm Drinks reception

8.15pm Dinner followed by dancing

Tickets: €85

All dental team members, trade members and friends welcome.





MICHAEL BENTLEY

Consultant, Horton Consultants

### Jack of all trades – the role of the dental nurse

In this presentation, Laura and Michael Bentley will share their knowledge and help the delegates to become effective at performing two roles or more in the practice. Many team members have multi-roles such as dental nurse and manager. This can lead to a feeling of being overwhelmed as the team member tries to 'juggle' several balls at once. Laura and Michael have been in this position and will share with you their tips to encourage a proactive work environment for the mutli-role team member.



**ANDREW BOLAS** 

HSE dental surgeon, Sligo, oral surgeon and part-time lecturer in dental radiology in Dublin Dental University School & Hospital

50 shades of grey – getting a diagnosis from your radiograph
This presentation will cover the principles of diagnosing pathology on radiographs

Oral radiology for the dental nurse



PJ BYRNE
Practice limited to periodontics
and oral surgery, Dublin

# Crown lengthening – techniques for improving success in restorative and cosmetic dentistry

This practical half-day, hands-on course will review the indications and applications of clinical crown lengthening as an integral part of comprehensive diagnosis and treatment planning for your patients. The current surgical and non-surgical techniques will be reviewed with regard to obtaining the optimum functional and aesthetic results in your patients.



MAIREAD CASHMAN

Consultant Oral and Maxillofacial
Surgeon, Cork

# Surgical extractions – practical tips to improve your clinical outcomes and avoid problems

This presentation will cover the assessment and removal of teeth which may require surgical extraction.

Where do the main problems arise and how can can these problems be anticipated and managed?

What are the key consent issues and pitfalls in this area of dentistry?

Practical tips to ensure a successful outcome will be discussed.



DAVID CLARKE
Founder, Academy of Microscope

Enhanced Dentistry, Director,
Newport Coast Oral Facial Institute

# Contemporary aesthetic anterior composite dentistry

David will explore the exciting role of direct composites for single tooth and full arch aesthetic reconstruction of anterior teeth. Injection moulding with a single shade of composite using the infinity edge margin provides an alternative to traditional fussy layering. Learn why shape is more important to patients than shade. Elimination of the dreaded black triangle, papilla regeneration, and elimination of marginal staining will be explained in still and video imagery. Practical step-by-step details will help clinicians to implement these changes on 'Monday morning'.



DECLAN CORCORAN

Practice limited to periondontics and implant dentistry, Dublin

# Crown lengthening – techniques for improving success in restorative and cosmetic dentistry

This practical half-day, hands-on course will review the indications and applications of clinical crown lengthening as an integral part of comprehensive diagnosis and treatment planning for your patients. The current surgical and non-surgical techniques will be reviewed with regard to obtaining the optimum functional and aesthetic results in your patients.



**EDWARD COTTER** Practice limited to prosthodontics, maxillofacial prosthetics and dental

# oncology, Dublin Maryland bridges -

a useful ally in practice Discussion of the different uses of Maryland bridges and their success rates, and the factors involved in their success.



MHARI COXON Dental nurse, dental hygienist and dental business consultant

#### One team, one dream

This talk will look at how to lead a team, as well as how to set up key performance indicators and track your way to success.

#### How to make yourself indispensable at work and have fun

This lighthearted talk looks at motivation; building a plan to help you get the best out of your working and personal life.

#### Caring for the smile makeover generation

This talk will look at ageing patients' expectations, care requirements and maintainance.



STJOHN CREAN

Dean, School of Postgraduate Medical and Dental Education, **Director of Dental Research and** Knowledge Transfer, UCLan Professor of Medicine in Dentistry

#### Recognising medical conditions in dental patients

Medical emergencies can occur at any time. It is important that every team member knows their role in the event of an emergency. This presentation will demonstrate examples of the types of medical issues which dental professionals encounter and show ways in which to deal with them.



TIM DONLEY Private practice in periodontics and implantology, Kentucky, US

How to use the oral systemic link to help your patients and your practice Nutritional changes can have a dramatic effect on the host inflammatory response. Carbohydrates, fats and flavonoids can play a role in periodontal management. Come learn specific recommendations that you can make to your patients to boost their response to periodontal therapy.

#### Maximising the potential of ultrasonic debridement



TERRY DONOVAN

**Professor and Section Head for** Biomaterials, University of North Carolina at Chapel Hill, School of Dentistry, Department of Operative Dentistry

#### Diagnosis and management of dental erosion

Early recognition of dental erosion is important to prevent serious irreversible damage to the dentition. This requires awareness of the clinical appearance of erosion compared to other forms of tooth wear. The primary dental care team has the expertise and the responsibility to provide this care for their patients with erosion.



ALISON DOUGALL Consultant in Medically **Compromised Patients at Dublin Dental University Hospital** 

#### Dementia - caring for our patients with dementia

Studies show that we have a higher proportion of older people in our patient cohort and that at least 20% of them will develop dementia. This presentation will discuss the role of the dental team, including decision making and treatment planning, and will offer practical and pragmatic solutions to address the medical, social and behavioural challenges that can threaten oral health and quality of life for our older patients.



EANNA FALVEY
Consultant Sports &
Exercise Medicine Physician, Cork

Head and facial trauma in sport Trauma to the face, head and teeth is common in sport. Dental trauma may be a harbinger for underlying trauma. We discuss mandibular fracture, gum shield use, headgear use and concussion in sports such as rugby,

boxing and cycling.



STEPHEN FAYLE

Consultant in Paediatric Dentistry

# Dental caries for young children – what are the challenges, what are the answers?

This presentation will enable practitioners to better understand the current challenges presented by dental caries in children and explore how these challenges might be most effectively met.

#### Objectives:

- To review the prevalence of dental caries in young children
- To review the effects of dental caries in children and how to choose the most effective therapeutic interventions
- To explore options and opportunities for improving child oral health.



BEN GOLDACRE

Medical physician, author and columnist

#### **Bad Science**

Dr Goldacre dispenses fast and powerful relief from scaremongering journalists, pill-pushing nutritionists, flaky statistics and evil pharmeutical corporations.



LINDA GREENWALL
Prosthdontist and Specialist in
Restorative Dentistry

# White, whiter, whitest: success strategies for predictable tooth whitening

This course will discuss current tooth whitening techniques, and new innovations. It will describe the classification of bleaching techniques to assist with treatment planning and discuss how to obtain successful outcomes. Why tooth whitening is the practice of dentistry and not whitening kiosks will be discussed. How and what to evaluate for new patients will be covered, as well as bleaching-related sensitivity. The question of how white is white enough will also be discussed.



ROBERT HORROWITZ
Clinical Assistant Professor in
Periodontology and Implant Dentistry
at New York University

### Peri-implantitis: prevention, risk reduction and treatment

Peri-implantitis is a destructive plaque-induced condition in the alveolar process. In their 2008 paper, Zitzmann and Berglundh described it as a condition around an endosseous implant with greater than 6mm probing depth and bone loss of 2.5mm or more. Commonly seen symptoms are an increase in probing depth, bone loss and clinical attachment loss. The gums are often inflamed, bleed on probing and may exude purulence on palpation.



LAURA HORTON

Consultant, Horton Consultants

### Jack of all trades – the role of the dental nurses

In this presentation Laura and Michael Bentley will share their knowledge and help the delegates to become effective at performing two roles or more in the practice. Many team members have multi-roles such as dental nurse and manager. This can lead to a feeling of being overwhelmed as the team member tries to 'juggle' several balls at once. Laura and Michael have been in this position and will share with you their tips to encourage a proactive work environment for the mutli-role team member.



TOM HOULIHAN

Orthodontist, private practice, Dublin

# The role of orthodontics in the comprehensive treatment of the adult patient

Adolescent orthodontics usually involves occlusally driven, standardised treatment protocols to achieve an angle class I occlusion. Adult orthodontics typically involves restoratively driven, prescription treatment protocols to achieve improved tooth position for the restorative dentist. This presentation will delineate the differences between adult and adolescent orthodontic treatment and illustrate several problems with adult tooth position that can be improved with adjunctive orthodontic treatment.



REN KURTZ
Professor and Associate Director of the Advanced Education Programme in Prosthodontics at NYUCD

#### Post and core: update 2015

A wide variety of alternatives exist for fabricating post/cores to serve as a foundation for an onlay or a crown. A review of prefabricated alternatives vs. custom cast and indications for this treatment modality will be presented

Innovations in conservative anterior aesthetic treatment



SEAN MCCARTHY

Practice limited to prosthodontics,
Cork

### Predictable aesthetics and longevity with veneers

Addressing the principles of aesthetics, veneer preparation, provisionalisation and seating, this lecture aims to give the clinician a better understanding of the veneer process as a whole. It is also intended to help clinicians achieve effective treatment outcomes through diagnostics, sequential treatment planning, and operative procedures. The techniques will be illustrated with a range of case presentations showing the multiple applications of porcelain laminate veneers.



MICHELLE MURPHY
Consultant Dermatologist in South
Infirmary Victoria University Hospital
& Cork University Hospital, and
Senior Lecturer in Medical Education,
UCC

#### **Dermatology for dentists**

An overview of common dermatoses, and precancerous and cancerous lesions that occur on the lips and face.



TIM NEWTON
Professor of Psychology as Applied to
Dentistry, King's College London

Psychological approaches to dental

anxiety: a proportionate approach

Dental anxiety is common and interferes with dental treatment, as well as leading to stress in the dental team. The level of dental anxiety that presents in dental practice varies from mild to phobic. In this lecture I will explore the nature of

dental anxiety and outline interventions aimed at alleviating dental anxiety that are proportionate to the level of anxiety experienced by the patient



PAT O'DRISCOLL

Practice limited to endodontics, Cork

## Top ten endodontic tips for general practitioners

General dental practitioners appear to either relish or dread the challenges presented by endodontics. Evolving techniques and materials will be presented to make the treatment less of a challenge and more of an enjoyable experience, both for the practitioner and the patient. The lecture will contain a number of tips, from diagnosis to completion.



ELEANOR O'SULLIVAN
Senior Lecturer, University Dental
School and Hospital, Cork

## Biting the bullet – caring for patients with cancer

One in three people in Ireland will develop cancer during their lifetime. Currently, over 30,000 new cancer cases are diagnosed each year in Ireland and this is set to rise to 40,000 by the end of this decade. As many cancers can now be controlled and managed for long periods of time in a community setting, this lecture seeks to support GDPs faced with the challenge of providing safe and appropriate dental care to oncology patients.



TARA RENTON
Professor in Oral Surgery,
Kings College London

## The painless management of the oral surgical patient

This lecture will update participants in the prevention and management of trigeminal nerve injuries during dental surgery.

#### Objectives

The following will be discussed: the patient's perspective; diagnosis of trigeminal nerve injury; the challenges presented in the management of nerve injuries; an overview of minimising risk with particular reference to specific procedures; and, the outcome of nerve injuries.



JENNIFER PINDER

General dental practitioner, London

## Treating phobic dental patients: evidence and experience

Patients who have difficulty having dental care due to anxiety are part and parcel of daily dental practice. Understanding the challenges and finding solutions for individual patients helps to achieve successful outcomes. The initial assessment is the key to discovering what the underlying problems are so that a plan to help the person achieve the necessary dental treatment can be drawn up. Practical tips for common problems, plus some new developments in technology will be discussed. Patients benefit from a better understanding of their difficulties, dentists can be less stressed, and it is a great practice builder.



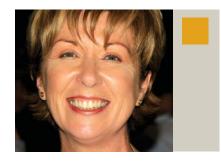
Director of MPS Educational Services

### Stuff happens and we ignore the evidence

Dental professionals work in a risk area and despite best efforts not everything will go to plan.

Sometimes it is down to human error. This of course does not mean that we should stand idly by and accept that errors happen. There are things that can be done to reduce risks, both by understanding how humans make errors and also by designing systems to minimise or contain risk. It is not just the person or the system – it is the interaction of the two that is important.

### Communication skills for the dental nurse



JANE RENEHAN
Principal Dental Surgeon,
HSE Dublin North City

#### Safe hands prevent harm

Compliance with good practice in hand hygiene and sharps regulations is essential to keep both dental team members and patients safe.

This presentation will explore the core principles of both basic hand hygiene Technique and the recently published sharps regulations legislation.

As these areas may be audited by various regulatory bodies, it is imperative that they are understood and correctly practised by dental team members.



HELEN WHELTON

Dean, Professor of Dental Public

Health and Preventive Dentistry,

University of Leeds School of

Dentistry

### Fluoride and public dental health 70 years on. Is it still relevant?

This presentation considers the impact of water fluoridation and fluoride toothpaste on oral health using national and international research. The rationale for current guidance on use of fluorides is considered and gaps in our knowledge identified. Currently wide variation exists in the advice given on the use of fluoride toothpaste by children. This presentation clarifies the scientific basis for appropriate guidance for dentists to give their patients regarding use of fluoride in an Irish setting.

### **Annual Conference**

### PRE-CONFERENCE COMBINATIONS -

please indicate your choice(s) by ticking relevant box



								Evidence-based dentis
	MEMBERS		NON-MEMBERS					
		Early booking Late booking		Early booking		Late booking		
Limited to 16 for each session		Before March 30	A	fter March 30	В	efore March 30	At	ter March 30
HALF DAY HANDS ON MORNING		AFTERNOON						
OVERDENTURES – Ken Kurtz	П	€250		€300		€500		€550
Overdentures + 1 Day Main Conference Fri Sat Sat		€470		€530		€940		€1,040
Overdentures + Main Conf.	H	€550	H	€650		€1,100		€1,200
Overdentures + Main Conf + 1 team member	H	€650	H	€750		€1,200		€1,300
Overdentures + Main Conf + 2 team members	H	€740		€840		€1,290		€1,390
Overdentures + Main Conf + 3 team members	닏	€820	$\perp$	€920		€1,370		€1,470
Overdentures + Main Conf + 4th and subsequent	Ш	€80 each	Ш	€80 each		€80 each		€80 each
FULL DAY LECTURE								
RESTORATIVE – Professor Terry Donovan		€250		€300		€500		€550
Restorative + 1 Day Main Conf. Fri Sat	П	€470	П	€530		€940		€1040
Restorative + Main Conference		€550		€650		€1,100		€1,200
Restorative + Main Conf + 1 team member		€650		€750		€1,200		€1,300
Restorative + Main Conf + 2 team members		€740		€840		€1,290		€1,390
Restorative + Main Conf + 3 team members		€820		€920		€1,370		€1,470
Restorative + Main Conf + 4th and subsequent		€80 each		€80 each		€80 each		€80 each
HALF DAY LECTURE/PRACTICAL AFTERNOON ONLY	Lin	nited to 12						
CROWN LENGTHENING – PJ Byrne & Declan Corcoran		€250	П	€300		€500		€550
Crown lengthening + 1 Day Main Conf. Fri Sat	H	€450	Н	€520	H	€900		€1,010
Crown lengthening + Main Conference	H	€500	H	€600	H	€1,000		€1,200
Crown lengthening + Main Conf + 1 team member	П	€600	П	€700	H	€1,100		€1,300
Crown lengthening + Main Conf + 2 team members	H	€690	H	€790	н	€1,190		€1,390
Crown lengthening + Main Conf + 3 team members	H	€770	H	€870	H	€1,270		€1,470
Crown lengthening + Main Conf + 4th and subsequent		€80 each	Н	€80 each		€80 each		€80 each
HALF DAY LECTURE/PRACTICAL DENTIST (MOF	₹NINC		GIENIS	T (AFTERNOON	ONLY)			05.50
ULTRASONICS – Tim Donley	H	€250	H	€300	H	€500		€550
Ultrasonics + 1 Day Main Conf. Fri Sat	H	€450 e500	Н	€520	H	€900		€1,010
Ultrasonics + Main Conference	H	€500	Н	€600	H	€1,000		€1,200
Ultrasonics + Main Conf + 1 team member	H	€600	H	€700	H	€1,100		€1,300
Ultrasonics + Main Conf + 2 team members	H	€690	H	€790	H	€1,190		€1,390
Ultrasonics + Main Conf + 3 team members Ultrasonics + Main Conf + 4th and subsequent	H	€770 €80 each	H	€870 €80 each	H	€1,270 €80 each		€1,470 €80 each
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FULL DAY HANDS ON								
COMPOSITES – David Clarke		€450		€500		€900		€1,000
Composites + 1 Day Main Conf. Fri Sat		€650		€700		€1,300		€1,400
Composites + Main Conference		€700		€800		€1,400		€1,500
Composites + Main Conf + 1 team member		€800		€900	Ш	€1,500		€1,600
Composites + Main Conf + 2 team members		€890		€990		€1,590		€1,690
Composites + Main Conf + 3 team members		€970		€1,070		€1,670		€1,770
Composites + Main Conf + 4th and subsequent SPECIAL OPTION - PERIO DAY		€80 each		€80 each		€80 each		€80 each
CROWN LENGTHENING + ULTRASONICS		€450		€500		€900		€1,000
2 Pre Conf Courses + 1 Day Conf. Fri Sat	Н	€650	Н	€770	H	€1,300		€1,400
2 Pre Conf Courses + Main Conference	H	€700	Н	€800	H	€1,400		€1,500
2 Pre Conf Courses + Main Conference	H	€800	Н	€900	H	€1,600		€1,600
2 Pre Conf Courses + Main Conf + 2 team memb	П	€890	Н	€990	H	€1,780		€1,690
2 Pre Conf Courses + Main Conf + 3 team memb	П	€970	Н	€1,070	н	€1,940		€1,770
2 Pre Conf Courses + Main Conf + 4th and sub.		€80 each		€80 each		€80 each		€80 each
MAIN CONFERENCE ONLY		6350		C400		6700		C900
IDA Conference	H	€350 €450	H	€400 €500	H	€700 €800		€800
IDA Conference + 1 team member	H	€450 €540	H	€500 €500	H	€800 €800		€900 €070
IDA Conference + 2 team members	H	€540	H	€590	H	€890 c070		€970 €1070
IDA Conference + 3 team members	H	€620	H	€670	H	€970		€1070
IDA Conference + 4th and subsequent	H	€80 each	H	€80 each	H	€80 each		€80 each
ONE DAY ONLY Friday or Saturday	H	€250 €170	H	€300		€500		€640
IDA Life Members	H	€170	H	€230				
IDA Life Members 1 Day Fri Sat	H	€120	$\mathbb{H}$	€170				
1st yr graduate/postgraduate student	H	€220	$\mathbb{H}$	€270				
1st yr grad./postgrad. student 1 Day Fri Sat	H	€130	H	€180				
Dental Team – dental nurse, hygienist, technician	Ш	€130		€150				
SOCIAL PROGRAMME								
Annual Dinner		€85						
President's Prize Golf	H	€50 Wed		€50 Thurs				
		SSO VVCU		550 111013				

### Annual Conference Registration Form Please use BLOCK CAPITALS Dental Council number: IDA membership number (if applicable): Dentist: Hygienist: Nurse: Technician: Name: Address: Email: Landline: Mobile: Team member 1 name: Nurse: Hygienist: Technician: Team member 2 name: Hygienist: Technician: Nurse: Team member 3 name: Hygienist: Technician: Nurse: Team member 4 name: Nurse: Hygienist: Technician: Team member 5 name: Hygienist: Technician: Nurse: Team member 6 name: Hygienist: Technician: Nurse: Payment method VISA Cheque Expiry date CVV number TOTAL COST (see overleaf): Signature: Cancellations must be received in writing by Thursday April 9 2015. All hotel bookings must be made directly with the Please return completed form to: Rochestown Park Hotel, Cork. Irish Dental Association, Unit 2 Leopardstown Office Park, Quote: IDA Annual Conference Sandyford, Dublin 18.

#### 5K Dental Team Fun Run

2015 will see the continuation of the 5K fun run. Kick start Saturday April 18 with an energising run, jog or walk around the Douglas area of Cork City. Get the whole dental team involved. Prizes for best team effort.

All proceeds to Irish Guide Dogs for the Blind.



### **President's Golf Competition**



The President's Golf Competition will take place at Cork Golf Club, Little Island on Thursday April 16, from 2.30pm. For anyone who is registered for a pre-conference course on Thursday April 16, and who would like to play golf, there is the option to play on Wednesday April 15 in the afternoon instead.

Tee time: 2.30pm Green fees: €50

#### Playing in three balls

As well as conference delegates, accompanying persons and all trade exhibitors are also welcome to play. Only registered delegates can be eligible for the President's Prize.